

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 10

| सोमवार Monday | मंगलवार Tuesday | बुधवार Wednesday | बृहस्पतिवार Thursday | शुक्रवार Friday | शनिवार Saturday | रविवार Sunday |
|------------------|--------------------|---------------------|-------------------------|--------------------|--------------------|-------------------|
| हिन्दी | हिन्दी | हिन्दी | हिन्दी | संस्कृत | संस्कृत | اردو (उर्दू) |
| भूगोल | भूगोल | इतिहास | इतिहास | राजनीति विज्ञान | राजनीति विज्ञान | अर्थशास्त्र |
| विज्ञान | विज्ञान | गणित | गणित | गणित | गणित | विज्ञान |
| English | English | English | English | Geography | Geography | Economics |
| Mathematics | Mathematics | History | History | Mathematics | Mathematics | Political Science |

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swyamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 10

अगस्त 2023
August 2023

| विषय Subject | कार्यक्रम का शीर्षक Program Title | माध्यम Medium | प्रसारण समय Telecast Time |
|---|--|------------------|---|
| मंगलवार, 01 अगस्त 2023 Tuesday, 01 August 2023 | | | |
| हिन्दी | पाठ-11: रामवृद्ध बेनीपुरी: बालगोविन्द भगत | हिन्दी | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:01 PM 09:01 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Visual Arts- 2D(Girl):Bihar | Regional | 12:31 AM 03:32 AM 06:32 AM 09:32 AM 12:32 PM 03:32 PM 06:32 PM 09:33 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञान.(भूगोल): पाठ-1: संसाधन एवं विकास भाग-1 | Hindi | 12:33 AM 03:33 AM 06:34 AM 09:34 AM 12:34 PM 03:34 PM 06:34 PM 09:34 PM |
| General | Waste Reduced | English | 01:00 AM 04:00 AM 07:01 AM 10:01 AM 01:01 PM 04:01 PM 07:01 PM 10:01 PM |
| विज्ञान | विज्ञान: पाठ-9: अनुवशिकता एवं जैव विकास | Hindi | 01:02 AM 04:02 AM 07:02 AM 10:02 AM 01:02 PM 04:02 PM 07:03 PM 10:03 PM |
| General English | Episode 1 Greeting a Friend | English | 01:35 AM 04:36 AM 07:36 AM 10:36 AM 01:36 PM 04:36 PM 07:36 PM 10:37 PM |
| Language (English) | English: Chap 9: The Tale of Custard the Dragon | English | 01:44 AM 04:44 AM 07:44 AM 10:44 AM 01:44 PM 04:44 PM 07:45 PM 10:45 PM |



DD Free Dish Channel #32



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Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

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| Mathematics | Maths: Chap 9: Some Applications of Trigonometry- 1 | English | 02:12 AM 05:12 AM 08:13 AM 11:13 AM 02:13 PM 05:13 PM 08:13 PM 11:13 PM |
| Social Science (Political Science) | S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1 | English | 02:38 AM 05:39 AM 08:39 AM 11:39 AM 02:39 PM 05:39 PM 08:39 PM 11:40 PM |
| बुधवार, 02 अगस्त 2023 Wednesday, 02 August 2023 | | | |
| हिन्दी | पाठ-11: रामवृद्ध बेनीपुरी: बालगोविन भगत | हिन्दी | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:03 PM |
| सामाजिक विज्ञान (इतिहास) | पाठ-3: भूमंडलीकृत विश्व का बनना-1 | हिन्दी | 12:34 AM 03:34 AM 06:34 AM 09:35 AM 12:35 PM 03:36 PM 06:36 PM 09:37 PM |
| गणित | गणित : पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-1 | Hindi | 01:07 AM 04:08 AM 07:08 AM 10:09 AM 01:09 PM 04:10 PM 07:10 PM 10:11 PM |
| General | Waste Reduced | English | 01:34 AM 04:34 AM 07:34 AM 10:35 AM 01:35 PM 04:36 PM 07:36 PM 10:37 PM |
| Language (English) | English: Chap 9: Madam Rides the Bus-1 | English | 01:35 AM 04:35 AM 07:36 AM 10:36 AM 01:37 PM 04:37 PM 07:38 PM 10:38 PM |
| General | कमल | Hindi | 01:57 AM 04:58 AM 07:58 AM 10:59 AM 01:59 PM 05:00 PM 08:00 PM 11:00 PM |
| Social Science (History) | So. Sci. (His): Chp 3: The Making of a Global World- 1 | English | 02:06 AM 05:06 AM 08:07 AM 11:07 AM 02:08 PM 05:08 PM 08:09 PM 11:09 PM |



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| General English | Episode 2 Greeting an Acquaintance | English | 02:36 AM 05:36 AM 08:37 AM 11:37 AM 02:38 PM 05:38 PM 08:39 PM 11:39 PM |
| Science | Science: Chap 9: Heredity and Evolution-1 | English | 02:45 AM 05:45 AM 08:46 AM 11:46 AM 02:46 PM 05:47 PM 08:47 PM 11:48 PM |
| बृहस्पतिवार, 03 अगस्त 2023 Thursday, 03 August 2023 | | | |
| हिन्दी | हिंदी : पाठ--11: रामवृद्ध बेनीपुरी: बालगोबिन भगत | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM |
| General | पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन | Hindi | 12:24 AM 03:24 AM 06:25 AM 09:25 AM 12:26 PM 03:27 PM 06:27 PM 09:28 PM |
| सामाजिक विज्ञान (इतिहास) | पाठ-3: भूमंडलीकृत विश्व का बनना-1 | हिन्दी | 12:29 AM 03:30 AM 06:31 AM 09:31 AM 12:32 PM 03:33 PM 06:33 PM 09:34 PM |
| सामान्य | Water Saved | हिन्दी | 12:54 AM 03:55 AM 06:56 AM 09:56 AM 12:57 PM 03:57 PM 06:58 PM 09:59 PM |
| गणित | गणित : पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-1 | Hindi | 12:55 AM 03:56 AM 06:57 AM 09:57 AM 12:58 PM 03:59 PM 06:59 PM 10:00 PM |
| General English | Episode 3 Greeting Strangers | English | 01:22 AM 04:22 AM 07:23 AM 10:24 AM 01:24 PM 04:25 PM 07:25 PM 10:26 PM |
| Language (English) | English: Chap 9: Madam Rides the Bus-2 | English | 01:34 AM 04:34 AM 07:35 AM 10:35 AM 01:36 PM 04:37 PM 07:37 PM 10:38 PM |



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| Social Science (History) | S.Sc. (His): Chapter 3: The Making of a Global World- 2 | English | 01:59 AM 05:00 AM 08:00 AM 11:01 AM 02:02 PM 05:02 PM 08:03 PM 11:04 PM |
| General English | Episode 4 Meeting People: Pleased to meet you | English | 02:31 AM 05:32 AM 08:33 AM 11:33 AM 02:34 PM 05:35 PM 08:35 PM 11:36 PM |
| Science | Science: Chap 9: Heredity and Evolution-1 | English | 02:45 AM 05:45 AM 08:46 AM 11:47 AM 02:47 PM 05:48 PM 08:49 PM 11:49 PM |
| शुक्रवार, 04 अगस्त 2023 Friday, 04 August 2023 | | | |
| संस्कृत | पाठ - 9:सूक्तयः - 1 | संस्कृत | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Vocal Music- Classical(Boy)::Bihar | Regional | 12:35 AM 03:35 AM 06:36 AM 09:37 AM 12:37 PM 03:38 PM 06:38 PM 09:39 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-1: सत्ता की साझेदारी-1 | Hindi | 12:42 AM 03:42 AM 06:43 AM 09:43 AM 12:44 PM 03:45 PM 06:45 PM 09:46 PM |
| General English | Episode 5 Giving Advice 1 | English | 01:17 AM 04:18 AM 07:19 AM 10:19 AM 01:20 PM 04:20 PM 07:21 PM 10:22 PM |
| गणित | गणित : पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-2 | Hindi | 01:31 AM 04:32 AM 07:32 AM 10:33 AM 01:33 PM 04:34 PM 07:35 PM 10:35 PM |
| Social Science (Geography) | Chapter-1: Resources and Development-1 | English | 02:02 AM 05:02 AM 08:03 AM 11:04 AM 02:04 PM 05:05 PM 08:05 PM 11:06 PM |



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| सामान्य | Sustainable Food Systems Adopted | हिन्दी | 02:10 AM 05:11 AM 08:12 AM 11:12 AM 02:13 PM 05:13 PM 08:14 PM 11:15 PM |
| Mathematics | Maths: Chap 9: Some Applications of Trigonometry- 2 | English | 02:11 AM 05:12 AM 08:12 AM 11:13 AM 02:13 PM 05:14 PM 08:15 PM 11:15 PM |
| General | Health And Sanitaion (E) | English | 02:33 AM 05:33 AM 08:34 AM 11:35 AM 02:35 PM 05:36 PM 08:36 PM 11:37 PM |
| Science | Science: Chap 9: Heredity and Evolution-2 | English | 02:39 AM 05:40 AM 08:40 AM 11:41 AM 02:42 PM 05:42 PM 08:43 PM 11:43 PM |
| शनिवार, 05 अगस्त 2023 Saturday, 05 August 2023 | | | |
| General | Single Use Plastic | हिन्दी | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM |
| संस्कृत | पाठ - 9:सूक्तयः - 1 | संस्कृत | 12:02 AM 03:03 AM 06:04 AM 09:05 AM 12:06 PM 03:06 PM 06:07 PM 09:08 PM |
| General | Emotional Well Being and Mental Health (E) | English | 12:37 AM 03:37 AM 06:38 AM 09:39 AM 12:40 PM 03:40 PM 06:41 PM 09:42 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-1: सत्ता की साझेदारी-2 | Hindi | 12:41 AM 03:42 AM 06:43 AM 09:44 AM 12:45 PM 03:45 PM 06:46 PM 09:47 PM |
| Cultural Heritage: Art, Music & Dance | Aao Sair Karen - Misr | Hindi | 01:11 AM 04:12 AM 07:13 AM 10:14 AM 01:14 PM 04:15 PM 07:16 PM 10:17 PM |



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| गणित | गणित : पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-2 | Hindi | 01:15 AM 04:16 AM 07:17 AM 10:17 AM 01:18 PM 04:19 PM 07:20 PM 10:21 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Visual Arts- 2D(Boy):Puducherry | Regional | 01:44 AM 04:44 AM 07:45 AM 10:46 AM 01:47 PM 04:47 PM 07:48 PM 10:49 PM |
| Social Science (Geography) | S.Sc (Geo.): Ch-1:Resources and Development: 2 | English | 01:45 AM 04:46 AM 07:46 AM 10:47 AM 01:48 PM 04:49 PM 07:49 PM 10:50 PM |
| Mathematics | Maths: Chap 9: Some Applications of Trigonometry- 2 | English | 02:15 AM 05:16 AM 08:17 AM 11:18 AM 02:19 PM 05:19 PM 08:20 PM 11:21 PM |
| General | जेंडर समानता | Hindi | 02:37 AM 05:38 AM 08:39 AM 11:40 AM 02:40 PM 05:41 PM 08:42 PM 11:43 PM |
| Science | Science: Chap 9: Heredity and Evolution-2 | English | 02:45 AM 05:45 AM 08:46 AM 11:47 AM 02:48 PM 05:49 PM 08:49 PM 11:50 PM |
| रविवार, 06 अगस्त 2023 Sunday, 06 August 2023 | | | |
| General | MOTHER EARTH Prakriti English | English | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:02 PM |
| Language (Urdu) | Urdu: Chp-3: Bheek | Urdu | 12:10 AM 03:10 AM 06:10 AM 09:11 AM 12:11 PM 03:11 PM 06:11 PM 09:12 PM |
| सामाजिक विज्ञान (अर्थशास्त्र) | सा.विज्ञा.(अर्थशास्त्र): पाठ-3: मुद्रा और साख | Hindi | 12:34 AM 03:35 AM 06:35 AM 09:35 AM 12:36 PM 03:36 PM 06:36 PM 09:37 PM |



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| General English | Episode 5 Giving Advice 1 | English | 01:06 AM 04:07 AM 07:07 AM 10:07 AM 01:07 PM 04:08 PM 07:08 PM 10:08 PM |
| विज्ञान | विज्ञान: पाठ-9: आनुवंशिकता एवं जैव विकास | Hindi | 01:20 AM 04:20 AM 07:20 AM 10:21 AM 01:21 PM 04:21 PM 07:22 PM 10:22 PM |
| General | Emotional well being and mental health | English | 01:54 AM 04:54 AM 07:54 AM 10:55 AM 01:55 PM 04:55 PM 07:56 PM 10:56 PM |
| Social Science (Economics) | So. Sci. (Eco): Chp 3: Money and Credit | English | 01:59 AM 04:59 AM 07:59 AM 11:00 AM 02:00 PM 05:00 PM 08:00 PM 11:01 PM |
| सामान्य | आजादी की कहानी-2 | हिन्दी | 02:24 AM 05:24 AM 08:24 AM 11:25 AM 02:25 PM 05:25 PM 08:26 PM 11:26 PM |
| Social Science (Political Science) | S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1 | English | 02:38 AM 05:39 AM 08:39 AM 11:39 AM 02:40 PM 05:40 PM 08:40 PM 11:41 PM |
| सोमवार, 07 अगस्त 2023 Monday, 07 August 2023 | | | |
| हिन्दी | हिंदी : पाठ--11: रामवृद्ध बेनीपुरी: बालगोबिन भगत | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:01 PM |
| General English | Episode 6 Giving Advice 2 | English | 12:30 AM 03:31 AM 06:31 AM 09:31 AM 12:32 PM 03:32 PM 06:32 PM 09:32 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञान.(भूगोल): पाठ-1: संसाधन एवं विकास-1 | Hindi | 12:43 AM 03:43 AM 06:44 AM 09:44 AM 12:44 PM 03:45 PM 06:45 PM 09:45 PM |



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| विज्ञान | विज्ञान: पाठ-9: आनुवंशिकता एवं जैव विकास | Hindi | 01:16 AM 04:16 AM 07:16 AM 10:17 AM 01:17 PM 04:17 PM 07:18 PM 10:18 PM |
| सामान्य | हिंदी शब्दकोष | Hindi | 01:50 AM 04:50 AM 07:50 AM 10:51 AM 01:51 PM 04:51 PM 07:51 PM 10:52 PM |
| Language (English) | English: Chap 9: Madam Rides the Bus-3 | English | 02:07 AM 05:07 AM 08:08 AM 11:08 AM 02:08 PM 05:08 PM 08:09 PM 11:09 PM |
| सामान्य | Water Saved | हिन्दी | 02:16 AM 05:17 AM 08:17 AM 11:17 AM 02:18 PM 05:18 PM 08:18 PM 11:18 PM |
| Mathematics | Maths: Chap 9: Some Applications of Trigonometry- 1 | English | 02:18 AM 05:18 AM 08:18 AM 11:18 AM 02:19 PM 05:19 PM 08:19 PM 11:20 PM |
| सामान्य | Healthy Lifestyle Adopted | हिन्दी | 02:38 AM 05:39 AM 08:39 AM 11:39 AM 02:40 PM 05:40 PM 08:40 PM 11:40 PM |
| Social Science (Political Science) | S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2 | English | 02:39 AM 05:39 AM 08:39 AM 11:40 AM 02:40 PM 05:40 PM 08:41 PM 11:41 PM |
| मंगलवार, 08 अगस्त 2023 Tuesday, 08 August 2023 | | | |
| हिन्दी | हिंदी :पाठ-2: सीताराम सेकस्रिाः डायरी का एक पन्ना | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:01 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music- Traditional Folk(Boy):Maharashtra | Regional | 12:28 AM 03:28 AM 06:28 AM 09:28 AM 12:29 PM 03:29 PM 06:29 PM 09:29 PM |



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| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-1: संसाधन एवं विकास-2 | Hindi | 12:33 AM 03:34 AM 06:34 AM 09:34 AM 12:35 PM 03:35 PM 06:35 PM 09:35 PM |
| सामान्य | India-Pavilion-at-COP27-Mission | हिन्दी | 12:57 AM 03:57 AM 06:58 AM 09:58 AM 12:58 PM 03:59 PM 06:59 PM 09:59 PM |
| विज्ञान | विज्ञान: पाठ-9: आनुवंशिकता एवं जैव विकास | Hindi | 01:00 AM 04:00 AM 07:01 AM 10:01 AM 01:01 PM 04:01 PM 07:02 PM 10:02 PM |
| Language (English) | English: Chap 9: Madam Rides the Bus-4 | English | 01:34 AM 04:34 AM 07:35 AM 10:35 AM 01:35 PM 04:35 PM 07:36 PM 10:36 PM |
| General | Single Use Plastic | हिन्दी | 02:11 AM 05:11 AM 08:11 AM 11:12 AM 02:12 PM 05:12 PM 08:13 PM 11:13 PM |
| Mathematics | Maths: Chap 9: Some Applications of Trigonometry- 1 | English | 02:13 AM 05:13 AM 08:13 AM 11:14 AM 02:14 PM 05:14 PM 08:14 PM 11:15 PM |
| Social Science (Political Science) | S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2 | English | 02:39 AM 05:39 AM 08:39 AM 11:40 AM 02:40 PM 05:40 PM 08:40 PM 11:41 PM |
| बुधवार, 09 अगस्त 2023 Wednesday, 09 August 2023 | | | |
| हिन्दी | हिंदी :पाठ-2: सीताराम सेकस्रिाः डायरी का एक पन्ना | Hindi | 12:00 AM 02:57 AM 05:55 AM 08:52 AM 11:50 AM 02:47 PM 05:45 PM 08:43 PM 11:40 PM |
| General | भावनात्मक कल्याण एवं मानसिक स्वास्थ्य | Hindi | 12:28 AM 03:25 AM 06:23 AM 09:20 AM 12:18 PM 03:16 PM 06:13 PM 09:11 PM |



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| सामाजिक विज्ञान (इतिहास) | पाठ-3: भूमंडलीकृत विश्व का बनना-2 | हिन्दी | 12:33 AM 03:30 AM 06:28 AM 09:25 AM 12:23 PM 03:20 PM 06:18 PM 09:16 PM |
| General English | Episode 7 Making Requests 1 | English | 12:55 AM 03:53 AM 06:51 AM 09:48 AM 12:46 PM 03:43 PM 06:41 PM 09:38 PM |
| गणित | गणित : पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-1 | Hindi | 01:06 AM 04:04 AM 07:02 AM 09:59 AM 12:57 PM 03:54 PM 06:52 PM 09:50 PM |
| General | Reproductive Health and HIV Prevention | English | 01:27 AM 04:24 AM 07:22 AM 10:20 AM 01:17 PM 04:15 PM 07:12 PM 10:10 PM |
| Language (English) | English: Chap 9: Madam Rides the Bus | English | 01:32 AM 04:30 AM 07:27 AM 10:25 AM 01:23 PM 04:20 PM 07:18 PM 10:15 PM |
| Social Science (History) | So. Sci. (His): Chp 3: The Making of a Global World- 3 | English | 01:52 AM 04:50 AM 07:47 AM 10:45 AM 01:43 PM 04:40 PM 07:38 PM 10:35 PM |
| Science | Science: Chap 9: Heredity and Evolution-3 | English | 02:27 AM 05:24 AM 08:22 AM 11:20 AM 02:17 PM 05:15 PM 08:12 PM 11:10 PM |
| बृहस्पतिवार, 10 अगस्त 2023 Thursday, 10 August 2023 | | | |
| हिन्दी | हिंदी :पाठ-2: सीताराम सेकस्रिाः डायरी का एक पन्ना | Hindi | 12:00 AM 02:57 AM 05:55 AM 08:53 AM 11:51 AM 02:49 PM 05:47 PM 08:45 PM 11:43 PM |
| सामाजिक विज्ञान (इतिहास) | पाठ-3: भूमंडलीकृत विश्व का बनना-2 | हिन्दी | 12:34 AM 03:32 AM 06:30 AM 09:27 AM 12:25 PM 03:23 PM 06:21 PM 09:19 PM |



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| गणित | गणित : पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-1 | Hindi | 12:57 AM 03:55 AM 06:53 AM 09:51 AM 12:49 PM 03:47 PM 06:44 PM 09:42 PM |
| सामान्य | Healthy Lifestyle Adopted | हिन्दी | 01:17 AM 04:15 AM 07:13 AM 10:11 AM 01:09 PM 04:07 PM 07:05 PM 10:03 PM |
| Language (English) | English: Chap 9: Madam Rides the Bus | English | 01:18 AM 04:16 AM 07:14 AM 10:12 AM 01:09 PM 04:07 PM 07:05 PM 10:03 PM |
| Value Education | Lunch Break | Malayalam | 01:38 AM 04:36 AM 07:34 AM 10:32 AM 01:30 PM 04:27 PM 07:25 PM 10:23 PM |
| Social Science (History) | So. Sci. (His): Chp 3: The Making of a Global World- 3 | English | 01:42 AM 04:40 AM 07:38 AM 10:36 AM 01:33 PM 04:31 PM 07:29 PM 10:27 PM |
| Travel | Rangsapara | English | 02:10 AM 05:08 AM 08:06 AM 11:04 AM 02:02 PM 05:00 PM 07:58 PM 10:56 PM |
| Science | Science: Chap 9: Heredity and Evolution-3 | English | 02:32 AM 05:30 AM 08:28 AM 11:26 AM 02:24 PM 05:22 PM 08:20 PM 11:18 PM |
| शुक्रवार, 11 अगस्त 2023 Friday, 11 August 2023 | | | |
| संस्कृत | पाठ - 9:सूक्तयः - 1 | संस्कृत | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञान.(राजनीति विज्ञान): पाठ-1 सत्ता की साझेदारी | Hindi | 12:37 AM 03:37 AM 06:38 AM 09:38 AM 12:38 PM 03:39 PM 06:39 PM 09:40 PM |



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| General | Ardha Chakrasana | English | 01:26 AM 04:26 AM 07:27 AM 10:27 AM 01:27 PM 04:28 PM 07:28 PM 10:28 PM |
| गणित | गणित : पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-2 | Hindi | 01:28 AM 04:28 AM 07:29 AM 10:29 AM 01:29 PM 04:30 PM 07:30 PM 10:30 PM |
| General(Science) | Camouflage | English | 01:45 AM 04:46 AM 07:46 AM 10:46 AM 01:47 PM 04:47 PM 07:47 PM 10:48 PM |
| Social Science (Geography) | S.Sc (Geo.): Ch-1: Resources and Development: 3 | English | 01:47 AM 04:47 AM 07:47 AM 10:48 AM 01:48 PM 04:48 PM 07:49 PM 10:49 PM |
| General | Single Use Plastic | हिन्दी | 01:59 AM 04:59 AM 08:00 AM 11:00 AM 02:00 PM 05:01 PM 08:01 PM 11:01 PM |
| Mathematics | Maths: Chap 9: Some Applications of Trigonometry- 2 | English | 02:01 AM 05:01 AM 08:01 AM 11:02 AM 02:02 PM 05:02 PM 08:03 PM 11:03 PM |
| Cultural Heritage: Art, Music & Dance | Rock Garden | Hindi | 02:19 AM 05:20 AM 08:20 AM 11:20 AM 02:21 PM 05:21 PM 08:21 PM 11:22 PM |
| Science | Science: Chap 9: Heredity and Evolution-1 | English | 02:30 AM 05:31 AM 08:31 AM 11:32 AM 02:32 PM 05:32 PM 08:33 PM 11:33 PM |
| शनिवार, 12 अगस्त 2023 Saturday, 12 August 2023 | | | |
| संस्कृत | पाठ - 9:सूक्तयः - 1 | संस्कृत | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM |



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| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञान.(राजनीति विज्ञान): पाठ-1 सत्ता की साझेदारी | Hindi | 12:42 AM 03:43 AM 06:43 AM 09:44 AM 12:44 PM 03:45 PM 06:46 PM 09:46 PM |
| General | Introduction to MISSION LIFE | English | 01:31 AM 04:32 AM 07:32 AM 10:33 AM 01:33 PM 04:34 PM 07:35 PM 10:35 PM |
| गणित | गणित : पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-2 | Hindi | 01:34 AM 04:34 AM 07:35 AM 10:35 AM 01:36 PM 04:36 PM 07:37 PM 10:37 PM |
| General | Ardha Chakrasana | English | 01:51 AM 04:52 AM 07:52 AM 10:53 AM 01:53 PM 04:54 PM 07:54 PM 10:55 PM |
| Social Science (Geography) | S.Sc (Geo.): Ch-1: Resources and Development: 4 | English | 01:53 AM 04:54 AM 07:54 AM 10:55 AM 01:55 PM 04:56 PM 07:56 PM 10:57 PM |
| Mathematics | Maths: Chap 9: Some Applications of Trigonometry- 2 | English | 02:11 AM 05:11 AM 08:12 AM 11:13 AM 02:13 PM 05:14 PM 08:14 PM 11:15 PM |
| General | Story of Theatre – Basics of Theatre | English | 02:30 AM 05:30 AM 08:31 AM 11:31 AM 02:32 PM 05:32 PM 08:33 PM 11:34 PM |
| Science | Science: Chap 9: Heredity and Evolution-2 | English | 02:37 AM 05:37 AM 08:38 AM 11:39 AM 02:39 PM 05:40 PM 08:40 PM 11:41 PM |
| रविवार, 13 अगस्त 2023 Sunday, 13 August 2023 | | | |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music Traditional-Folk(Girl):Assam | Regional | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM |



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| Language (Urdu) | Urdu: Chp-3: Bheek | Urdu | 12:05 AM 03:06 AM 06:07 AM 09:07 AM 12:08 PM 03:08 PM 06:09 PM 09:10 PM |
| सामाजिक विज्ञान (अर्थशास्त्र) | सा.विज्ञा.(अर्थशास्त्र): पाठ-3: मुद्रा और साख | Hindi | 12:24 AM 03:25 AM 06:25 AM 09:26 AM 12:27 PM 03:27 PM 06:28 PM 09:28 PM |
| General | Ustrasana | English | 12:56 AM 03:57 AM 06:57 AM 09:58 AM 12:58 PM 03:59 PM 07:00 PM 10:00 PM |
| विज्ञान | विज्ञान: पाठ-9: आनुवंशिकता एवं जैव विकास | Hindi | 12:59 AM 04:00 AM 07:00 AM 10:01 AM 01:01 PM 04:02 PM 07:03 PM 10:03 PM |
| Social Science (Economics) | So. Sci. (Eco): Chp 3: Money and Credit | English | 01:53 AM 04:54 AM 07:54 AM 10:55 AM 01:56 PM 04:56 PM 07:57 PM 10:57 PM |
| General | Single Use Plastic | हिन्दी | 02:18 AM 05:19 AM 08:20 AM 11:20 AM 02:21 PM 05:21 PM 08:22 PM 11:23 PM |
| Social Science (Political Science) | S.Sc (Pol.Sci.): Ch-1: Power Sharing | English | 02:20 AM 05:21 AM 08:21 AM 11:22 AM 02:22 PM 05:23 PM 08:24 PM 11:24 PM |
| सोमवार, 14 अगस्त 2023 Monday, 14 August 2023 | | | |
| हिन्दी | हिंदी :पाठ-2: सीताराम सेकस्रिाः डायरी का एक पन्ना | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-2: वन एवं वन्य जीव संसाधन-1 | Hindi | 12:28 AM 03:29 AM 06:30 AM 09:31 AM 12:32 PM 03:33 PM 06:34 PM 09:35 PM |



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| विज्ञान | विज्ञान: पाठ-9: आनुवंशिकता एवं जैव विकास | Hindi | 12:55 AM 03:56 AM 06:57 AM 09:58 AM 12:59 PM 04:00 PM 07:01 PM 10:01 PM |
| General English | Episode 7 Making Requests 1 | English | 01:29 AM 04:30 AM 07:31 AM 10:32 AM 01:33 PM 04:34 PM 07:34 PM 10:35 PM |
| Language (English) | English: Chap 7: The Necklace | English | 01:40 AM 04:41 AM 07:42 AM 10:43 AM 01:44 PM 04:45 PM 07:46 PM 10:46 PM |
| सामान्य | ध्यान | हिन्दी | 02:10 AM 05:11 AM 08:12 AM 11:13 AM 02:14 PM 05:15 PM 08:16 PM 11:17 PM |
| Mathematics | Maths: Chap 10: Circles Part-1 | English | 02:15 AM 05:15 AM 08:16 AM 11:17 AM 02:18 PM 05:19 PM 08:20 PM 11:21 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music- Classical(Girl): Maharashtra | Regional | 02:29 AM 05:30 AM 08:31 AM 11:32 AM 02:33 PM 05:33 PM 08:34 PM 11:35 PM |
| Social Science (Political Science) | S.Sc (Pol. Sci.): Ch-2: Federalism | English | 02:37 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:42 PM 08:43 PM 11:43 PM |
| मंगलवार, 15 अगस्त 2023 Tuesday, 15 August 2023 | | | |
| हिन्दी | हिन्दी :पाठ-3: लीलाधर मंडलोई | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:02 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-2: वन एवं वन्य जीव संसाधन-1 | Hindi | 12:19 AM 03:19 AM 06:20 AM 09:20 AM 12:20 PM 03:21 PM 06:21 PM 09:21 PM |



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| सामान्य | आज़ादी की कहानी-1 | हिन्दी | 12:46 AM 03:46 AM 06:46 AM 09:46 AM 12:47 PM 03:47 PM 06:47 PM 09:48 PM |
| सामान्य | आज़ादी की कहानी-2 | हिन्दी | 12:54 AM 03:54 AM 06:55 AM 09:55 AM 12:55 PM 03:56 PM 06:56 PM 09:56 PM |
| सामान्य | आज़ादी की कहानी-3 | हिन्दी | 01:09 AM 04:09 AM 07:09 AM 10:10 AM 01:10 PM 04:10 PM 07:11 PM 10:11 PM |
| विज्ञान | विज्ञान: पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-2 | Hindi | 01:21 AM 04:21 AM 07:21 AM 10:21 AM 01:22 PM 04:22 PM 07:22 PM 10:23 PM |
| General | Ustrasana | English | 01:46 AM 04:46 AM 07:47 AM 10:47 AM 01:47 PM 04:48 PM 07:48 PM 10:48 PM |
| Language (English) | English: Chap 7: The Necklace | English | 01:49 AM 04:49 AM 07:50 AM 10:50 AM 01:50 PM 04:50 PM 07:51 PM 10:51 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Visual Arts-2D(Girl):Bihar | Regional | 02:19 AM 05:19 AM 08:20 AM 11:20 AM 02:20 PM 05:21 PM 08:21 PM 11:21 PM |
| Mathematics | Maths: Chap 10: Circles Part-1 | English | 02:21 AM 05:21 AM 08:21 AM 11:22 AM 02:22 PM 05:22 PM 08:23 PM 11:23 PM |
| General(Science) | Camouflage | English | 02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:37 PM 05:37 PM 08:37 PM 11:38 PM |
| Social Science (Political Science) | S.Sc (Pol. Sci.): Ch-2: Federalism | English | 02:37 AM 05:37 AM 08:37 AM 11:38 AM 02:38 PM |

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| बुधवार, 16 अगस्त 2023 Wednesday, 16 August 2023 | | | |
| हिन्दी | हिंदी : पाठ-12: लखनवीं अंदाज़ | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| General English | Episode 8 Making Requests 2 | English | 12:26 AM 03:26 AM 06:26 AM 09:26 AM 12:27 PM 03:27 PM 06:27 PM 09:27 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञान.(इतिहास): पाठ-3: भूमंडलीकृत विश्व का बनना-1 | Hindi | 12:34 AM 03:34 AM 06:34 AM 09:34 AM 12:34 PM 03:35 PM 06:35 PM 09:35 PM |
| गणित | गणित : पाठ-10: वृत्त -1 | Hindi | 01:00 AM 04:00 AM 07:00 AM 10:00 AM 01:01 PM 04:01 PM 07:01 PM 10:01 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music-Classical(Girl): Maharashtra | Regional | 01:22 AM 04:22 AM 07:22 AM 10:22 AM 01:22 PM 04:22 PM 07:23 PM 10:23 PM |
| Language (English) | English: Chp 10: For Anne Gregory-1 | English | 01:30 AM 04:30 AM 07:30 AM 10:30 AM 01:30 PM 04:31 PM 07:31 PM 10:31 PM |
| सामान्य | Healthy Lifestyle Adopted | हिन्दी | 01:53 AM 04:53 AM 07:53 AM 10:53 AM 01:53 PM 04:54 PM 07:54 PM 10:54 PM |
| Social Science (History) | So. Sci. (His): Chp 4: The Age of Industrialisation-1 | English | 01:53 AM 04:54 AM 07:54 AM 10:54 AM 01:54 PM 04:54 PM 07:54 PM 10:54 PM |
| General English | Episode 9 Agreeing 1 | English | 02:21 AM 05:21 AM 08:21 AM 11:21 AM 02:22 PM |



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| | | | 05:22 PM 08:22 PM 11:22 PM |
| Science | Science: Chapter 10: Light – Reflection and Refraction-1 | English | 02:32 AM 05:32 AM 08:32 AM 11:33 AM 02:33 PM 05:33 PM 08:33 PM 11:33 PM |
| बृहस्पतिवार, 17 अगस्त 2023 Thursday, 17 August 2023 | | | |
| हिन्दी | हिंदी : पाठ-12: लखनवीं अंदाज़ | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-3: भूमंडलीकृत विश्व का बनना-1 | Hindi | 12:22 AM 03:23 AM 06:24 AM 09:25 AM 12:26 PM 03:27 PM 06:28 PM 09:29 PM |
| गणित | गणित : पाठ-10: वृत्त -1 | Hindi | 12:47 AM 03:48 AM 06:49 AM 09:50 AM 12:51 PM 03:52 PM 06:53 PM 09:54 PM |
| Language (English) | English: Chp 10: For Anne Gregory-2 | English | 01:13 AM 04:14 AM 07:15 AM 10:16 AM 01:17 PM 04:18 PM 07:19 PM 10:20 PM |
| Cultural Heritage: Art, Music & Dance | Didi Nirmala | English | 01:30 AM 04:31 AM 07:32 AM 10:33 AM 01:34 PM 04:35 PM 07:36 PM 10:37 PM |
| Social Science (History) | So. Sci. (His): Chp 4: The Age of Industrialisation-1 | English | 01:59 AM 05:00 AM 08:01 AM 11:02 AM 02:03 PM 05:04 PM 08:05 PM 11:06 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2019 Dance Competition: Boys Bihar | Regional | 02:26 AM 05:27 AM 08:28 AM 11:29 AM 02:30 PM 05:31 PM 08:32 PM 11:33 PM |
| Science | Science: Chapter 10: Light – Reflection and Refraction-2 | English | 02:32 AM 05:33 AM 08:34 AM 11:35 AM 02:36 PM |



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| शुक्रवार, 18 अगस्त 2023 Friday, 18 August 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 9:सूक्तयः - 2 | संस्कृत | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2019 Music - Instrumental Competition: Boys: Jharkhand | Regional | 12:29 AM 03:29 AM 06:30 AM 09:31 AM 12:31 PM 03:32 PM 06:33 PM 09:33 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-2: संघवाद | Hindi | 12:33 AM 03:33 AM 06:34 AM 09:35 AM 12:35 PM 03:36 PM 06:37 PM 09:37 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Visual Arts- 3D(Girl):Mizoram | Regional | 12:56 AM 03:56 AM 06:57 AM 09:58 AM 12:58 PM 03:59 PM 07:00 PM 10:00 PM |
| गणित | गणित : पाठ-10: वृत्त -1 | Hindi | 01:00 AM 04:00 AM 07:01 AM 10:02 AM 01:02 PM 04:03 PM 07:04 PM 10:04 PM |
| सामान्य | Healthy Lifestyle Adopted | हिन्दी | 01:22 AM 04:22 AM 07:23 AM 10:24 AM 01:24 PM 04:25 PM 07:26 PM 10:26 PM |
| Social Science (Geography) | S.Sc (Geo.): Ch-1: Resources and Development: 5 | English | 01:22 AM 04:23 AM 07:23 AM 10:24 AM 01:25 PM 04:25 PM 07:26 PM 10:27 PM |
| Mathematics | Maths: Chap 10: Circles Part-2 | English | 01:50 AM 04:51 AM 07:51 AM 10:52 AM 01:53 PM 04:53 PM 07:54 PM 10:55 PM |
| सामान्य | सीखने की राह पर | Hindi | 02:12 AM 05:13 AM 08:14 AM 11:14 AM 02:15 PM |



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| | | | 05:16 PM 08:16 PM 11:17 PM |
| Science | Science: Chapter 10: Light – Reflection and Refraction-3 | English | 02:36 AM 05:37 AM 08:37 AM 11:38 AM 02:39 PM 05:39 PM 08:40 PM 11:41 PM |
| शनिवार, 19 अगस्त 2023 Saturday, 19 August 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 9:सूक्तयः - 2 | संस्कृत | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| Cyber Security | Internet Ethics | English | 12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:29 PM 03:29 PM 06:29 PM 09:29 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-2: संघवाद | Hindi | 12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:32 PM 03:32 PM 06:32 PM 09:32 PM |
| गणित | गणित : पाठ-10: वृत्त -1 | Hindi | 01:00 AM 04:00 AM 07:00 AM 10:00 AM 01:00 PM 04:00 PM 07:00 PM 10:00 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2019 Music – Instrumental Competition: Girls: Sikkim | Regional | 01:22 AM 04:22 AM 07:22 AM 10:22 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM |
| Social Science (Geography) | Chapter-2 Forest and Wildlife Resources in India -1 | English | 01:25 AM 04:25 AM 07:25 AM 10:25 AM 01:25 PM 04:25 PM 07:25 PM 10:25 PM |
| Cultural Heritage: Art, Music & Dance | Didi Nirmala | English | 01:42 AM 04:42 AM 07:42 AM 10:42 AM 01:42 PM 04:42 PM 07:42 PM 10:42 PM |
| Mathematics | Maths: Chap 10: Circles Part-2 | English | 02:10 AM 05:11 AM 08:11 AM 11:11 AM 02:11 PM |



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| | | | 05:11 PM 08:11 PM 11:11 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2019 Music – Instrumental Competition: Boys: Himachal Pradesh | Regional | 02:33 AM 05:33 AM 08:33 AM 11:33 AM 02:33 PM 05:33 PM 08:33 PM 11:33 PM |
| Science | Science: Chapter 10: Light – Reflection and Refraction-4 | English | 02:39 AM 05:39 AM 08:39 AM 11:39 AM 02:39 PM 05:39 PM 08:39 PM 11:39 PM |
| रविवार, 20 अगस्त 2023 Sunday, 20 August 2023 | | | |
| Language (Urdu) | Urdu: Chp-4: Sir Sayyad Ka Bachpan | Urdu | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM |
| Health, Physical Education/Yoga/ Sports | Daud | Hindi | 12:36 AM 03:37 AM 06:37 AM 09:38 AM 12:39 PM 03:40 PM 06:41 PM 09:42 PM |
| सामाजिक विज्ञान (अर्थशास्त्र) | सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्रीकरण और भारतीय अर्थव्यवस्था-1 | Hindi | 12:56 AM 03:57 AM 06:58 AM 09:59 AM 01:00 PM 04:00 PM 07:01 PM 10:02 PM |
| विज्ञान | विज्ञान: पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-1 | Hindi | 01:30 AM 04:31 AM 07:32 AM 10:33 AM 01:34 PM 04:35 PM 07:36 PM 10:36 PM |
| सामान्य | ध्यान | हिन्दी | 02:00 AM 05:01 AM 08:02 AM 11:03 AM 02:04 PM 05:05 PM 08:06 PM 11:06 PM |
| Social Science (Economics) | So. Sci. (Eco): Chp 4: Globalisation and the Indian Economy | English | 02:04 AM 05:05 AM 08:06 AM 11:07 AM 02:08 PM 05:09 PM 08:10 PM 11:10 PM |
| General | Single Use Plastic | हिन्दी | 02:23 AM 05:24 AM 08:25 AM 11:26 AM 02:27 PM |

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| | | | PM 05:28 PM 08:29 PM 11:30 PM |
| Social Science (Political Science) | S.Sc (Pol. Sci.): Ch-2: Federalism | English | 02:25 AM 05:26 AM 08:27 AM 11:28 AM 02:29 PM 05:30 PM 08:30 PM 11:31 PM |
| सोमवार, 21 अगस्त 2023 Monday, 21 August 2023 | | | |
| General | Single Use Plastic | हिन्दी | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| हिन्दी | हिंदी : पाठ-12: लखनवीं अंदाज़ | Hindi | 12:02 AM 03:03 AM 06:03 AM 09:03 AM 12:03 PM 03:03 PM 06:03 PM 09:03 PM |
| Cyber Security | Whats App security Tips | Hindi | 12:25 AM 03:25 AM 06:25 AM 09:26 AM 12:26 PM 03:26 PM 06:26 PM 09:26 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञान.(भूगोल): पाठ-2: वन एवं वन्य जीव संसाधन-2 | Hindi | 12:27 AM 03:27 AM 06:27 AM 09:27 AM 12:27 PM 03:28 PM 06:28 PM 09:28 PM |
| विज्ञान | विज्ञान: पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-1 | Hindi | 12:52 AM 03:52 AM 06:52 AM 09:52 AM 12:52 PM 03:52 PM 06:52 PM 09:52 PM |
| Language (English) | English: Chp 10: For Anne Gregory-3 | English | 01:22 AM 04:22 AM 07:22 AM 10:22 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM |
| Mathematics | Maths: Chap 10: Circles | English | 02:01 AM 05:01 AM 08:01 AM 11:01 AM 02:01 PM 05:01 PM 08:01 PM 11:01 PM |
| सामान्य | Bhook | Marathi | 02:25 AM 05:25 AM 08:25 AM 11:25 AM 02:25 |



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| | | | PM 05:26 PM 08:26 PM 11:26 PM |
| Social Science (Political Science) | S.Sc (Pol. Sc.):Chapter - 2 Federalism | English | 02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:36 PM 11:36 PM |
| मंगलवार, 22 अगस्त 2023 Tuesday, 22 August 2023 | | | |
| हिन्दी | हिंदी : पाठ-12: लखनवीं अंदाज़ | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM |
| Cyber Security | Whats App security Tips | Hindi | 12:24 AM 03:24 AM 06:25 AM 09:26 AM 12:26 PM 03:27 PM 06:28 PM 09:28 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-2: वन एवं वन्य जीव संसाधन-2 | Hindi | 12:25 AM 03:26 AM 06:27 AM 09:28 AM 12:28 PM 03:29 PM 06:30 PM 09:30 PM |
| General | MOTHER EARTH Prakriti English | English | 12:49 AM 03:50 AM 06:51 AM 09:52 AM 12:52 PM 03:53 PM 06:54 PM 09:54 PM |
| विज्ञान | विज्ञान: पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-2 | Hindi | 12:51 AM 03:52 AM 06:53 AM 09:54 AM 12:54 PM 03:55 PM 06:56 PM 09:56 PM |
| Language (English) | English: Chap 10: The Sermon at Benares | English | 01:26 AM 04:27 AM 07:27 AM 10:28 AM 01:29 PM 04:30 PM 07:30 PM 10:31 PM |
| Cultural Heritage: Art, Music & Dance | Understanding Our Architectural Heritage (Bibi ka Maqbara) | English | 01:47 AM 04:47 AM 07:48 AM 10:49 AM 01:49 PM 04:50 PM 07:51 PM 10:51 PM |
| Mathematics | Maths: Chap 10: Circles | English | 02:01 AM 05:01 AM 08:02 AM 11:03 AM 02:03 PM |

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| | | | 05:04 PM 08:05 PM 11:06 PM |
| General English | Episode 9 Agreeing 1 | English | 02:25 AM 05:26 AM 08:27 AM 11:27 AM 02:28 PM 05:29 PM 08:30 PM 11:30 PM |
| Social Science (Political Science) | S.Sc (Pol. Sc.):Chapter - 2 Federalism | English | 02:36 AM 05:37 AM 08:38 AM 11:39 AM 02:39 PM 05:40 PM 08:41 PM 11:41 PM |
| बुधवार, 23 अगस्त 2023 Wednesday, 23 August 2023 | | | |
| हिन्दी | हिंदी :पाठ-3: लीलाधर मंडलोई | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:02 PM |
| General English | Episode 10 Agreeing 2 | English | 12:26 AM 03:26 AM 06:27 AM 09:27 AM 12:28 PM 03:28 PM 06:28 PM 09:29 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1 | Hindi | 12:42 AM 03:42 AM 06:42 AM 09:43 AM 12:43 PM 03:44 PM 06:44 PM 09:45 PM |
| सामान्य | अर्ध चक्रासना | हिन्दी | 01:00 AM 04:01 AM 07:01 AM 10:01 AM 01:02 PM 04:02 PM 07:03 PM 10:03 PM |
| गणित | गणित: पाठ-10: वृत्त -2 | Hindi | 01:02 AM 04:02 AM 07:03 AM 10:03 AM 01:04 PM 04:04 PM 07:05 PM 10:05 PM |
| General(Science) | Jumping disc | English | 01:29 AM 04:30 AM 07:30 AM 10:31 AM 01:31 PM 04:31 PM 07:32 PM 10:32 PM |
| Language (English) | English: Chp 10: The Sermon at Benares | English | 01:31 AM 04:31 AM 07:32 AM 10:32 AM 01:33 PM |

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| | | | 04:33 PM 07:33 PM 10:34 PM |
| General(Science) | Colour Shadow | English | 02:05 AM 05:06 AM 08:06 AM 11:06 AM 02:07 PM 05:07 PM 08:08 PM 11:08 PM |
| Social Science (History) | So. Sci. (His): Chp 4: The Age of Industrialisation-2 | English | 02:07 AM 05:08 AM 08:08 AM 11:08 AM 02:09 PM 05:09 PM 08:10 PM 11:10 PM |
| General | Single Use Plastic | हिन्दी | 02:26 AM 05:27 AM 08:27 AM 11:27 AM 02:28 PM 05:28 PM 08:29 PM 11:29 PM |
| Science | Science: Chap 10: Light – Reflection and Refraction-1 | English | 02:28 AM 05:28 AM 08:29 AM 11:29 AM 02:30 PM 05:30 PM 08:30 PM 11:31 PM |
| बृहस्पतिवार, 24 अगस्त 2023 Thursday, 24 August 2023 | | | |
| हिन्दी | हिंदी :पाठ-3: लीलाधर मंडलोई | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1 | Hindi | 12:22 AM 03:22 AM 06:22 AM 09:22 AM 12:22 PM 03:22 PM 06:22 PM 09:22 PM |
| सामान्य | MOTHER EARTH Prakriti Hindi | हिन्दी | 12:40 AM 03:40 AM 06:40 AM 09:40 AM 12:40 PM 03:40 PM 06:40 PM 09:40 PM |
| गणित | गणित: पाठ-10: वृत्त -2 | Hindi | 12:42 AM 03:42 AM 06:42 AM 09:42 AM 12:42 PM 03:42 PM 06:42 PM 09:42 PM |
| General English | Episode 12 Disagreeing 1 | English | 01:10 AM 04:10 AM 07:10 AM 10:10 AM 01:10 PM |



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| | | | 04:10 PM 07:10 PM 10:10 PM |
| Language (English) | English: Chp 10: The Sermon at Benares | English | 01:23 AM 04:23 AM 07:23 AM 10:23 AM 01:23 PM 04:23 PM 07:23 PM 10:23 PM |
| General | स्वस्थ बढ़ना | Hindi | 01:58 AM 04:58 AM 07:58 AM 10:58 AM 01:58 PM 04:58 PM 07:58 PM 10:58 PM |
| Social Science (History) | So. Sci. (His): Chp 4: The Age of Industrialisation-2 | English | 02:02 AM 05:02 AM 08:02 AM 11:02 AM 02:02 PM 05:02 PM 08:02 PM 11:02 PM |
| General English | Episode 11 Agreeing 3 | English | 02:21 AM 05:21 AM 08:21 AM 11:21 AM 02:21 PM 05:21 PM 08:21 PM 11:21 PM |
| Science | Science: Chap 10: Light – Reflection and Refraction-2 | English | 02:31 AM 05:31 AM 08:31 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM |
| शुक्रवार, 25 अगस्त 2023 Friday, 25 August 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 9:सूक्तयः - 2 | संस्कृत | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Music – Indigenous Toys and Games(Boy) Manipur | Regional | 12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:29 PM 03:29 PM 06:29 PM 09:29 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा. (राजनीति विज्ञान): पाठ-2: संघवाद | Hindi | 12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:32 PM 06:32 PM 09:32 PM |
| सामान्य | ताड़ासना | हिन्दी | 01:02 AM 04:02 AM 07:02 AM 10:02 AM 01:02 PM |



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| | | | 04:02 PM 07:02 PM 10:02 PM |
| गणित | पाठ-10: वृत्त -1 | English | 01:04 AM 04:04 AM 07:04 AM 10:04 AM 01:04 PM 04:04 PM 07:04 PM 10:04 PM |
| General English | Episode 12 Disagreeing 1 | English | 01:24 AM 04:24 AM 07:24 AM 10:24 AM 01:24 PM 04:24 PM 07:24 PM 10:24 PM |
| Social Science (Geography) | Chapter-2 Forest and Wildlife Resources in India -2 | English | 01:38 AM 04:38 AM 07:38 AM 10:38 AM 01:38 PM 04:38 PM 07:38 PM 10:38 PM |
| General | MOTHER EARTH Prakriti English | English | 02:05 AM 05:05 AM 08:05 AM 11:05 AM 02:05 PM 05:05 PM 08:05 PM 11:05 PM |
| Mathematics | Maths: Chap 10: Circles | English | 02:07 AM 05:07 AM 08:07 AM 11:07 AM 02:07 PM 05:07 PM 08:07 PM 11:07 PM |
| सामान्य | नाडीशोधन प्राणायाम | हिन्दी | 02:31 AM 05:31 AM 08:31 AM 11:31 AM 02:31 PM 05:32 PM 08:32 PM 11:32 PM |
| Science | Science: Light | English | 02:35 AM 05:35 AM 08:35 AM 11:35 AM 02:35 PM 05:35 PM 08:35 PM 11:35 PM |
| शनिवार, 26 अगस्त 2023 Saturday, 26 August 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 9:सूक्तयः - 2 | संस्कृत | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:02 PM |
| General | MOTHER EARTH Prakriti English | English | 12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:30 PM |



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| | | | 03:30 PM 06:30 PM 09:31 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा. (राजनीति विज्ञान): पाठ-2: संघवाद | Hindi | 12:30 AM 03:31 AM 06:31 AM 09:31 AM 12:32 PM 03:32 PM 06:32 PM 09:33 PM |
| गणित | पाठ-10: वृत्त -1 | English | 01:07 AM 04:07 AM 07:07 AM 10:08 AM 01:08 PM 04:08 PM 07:09 PM 10:09 PM |
| General English | Episode 13 Disagreeing 2 | English | 01:27 AM 04:27 AM 07:27 AM 10:28 AM 01:28 PM 04:28 PM 07:29 PM 10:29 PM |
| Social Science (Geography) | Chapter-2 Forest and Wildlife Resources in India -3 | English | 01:41 AM 04:42 AM 07:42 AM 10:42 AM 01:43 PM 04:43 PM 07:43 PM 10:44 PM |
| Mathematics | Maths: Chap 10: Circles-2 | English | 02:15 AM 05:15 AM 08:16 AM 11:16 AM 02:16 PM 05:17 PM 08:17 PM 11:17 PM |
| General | इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना | Hindi | 02:45 AM 05:45 AM 08:45 AM 11:46 AM 02:46 PM 05:46 PM 08:47 PM 11:47 PM |
| Science | Science: Source of Light | English | 02:51 AM 05:51 AM 08:51 AM 11:52 AM 02:52 PM 05:52 PM 08:53 PM 11:53 PM |
| Science | Science: Path of Light | English | 02:55 AM 05:55 AM 08:55 AM 11:56 AM 02:56 PM 05:56 PM 08:57 PM 11:57 PM |
| Science | Science: Line of Sight | English | 02:58 AM 05:58 AM 08:58 AM 11:58 AM 02:59 PM 05:59 PM 08:59 PM |
| रविवार, 27 अगस्त 2023 Sunday, 27 August 2023 | | | |



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| Language (Urdu) | Urdu: Chp-4: Sir Sayyad Ka Bachpan | Urdu | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| General | हिंसा और चोटों के खिलाफ सुरक्षा | Hindi | 12:36 AM 03:36 AM 06:36 AM 09:36 AM 12:36 PM 03:36 PM 06:36 PM 09:36 PM |
| सामाजिक विज्ञान (अर्थशास्त्र) | सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-2 | Hindi | 12:41 AM 03:41 AM 06:41 AM 09:42 AM 12:42 PM 03:42 PM 06:42 PM 09:42 PM |
| विज्ञान | विज्ञान: पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-3 | Hindi | 01:16 AM 04:16 AM 07:16 AM 10:16 AM 01:16 PM 04:16 PM 07:16 PM 10:16 PM |
| Cultural Heritage: Art, Music & Dance | Didi Nirmala | English | 01:39 AM 04:39 AM 07:39 AM 10:39 AM 01:40 PM 04:40 PM 07:40 PM 10:40 PM |
| Social Science (Economics) | So. Sci. (Eco): Chp 4: Globalisation and the Indian Economy | English | 02:08 AM 05:08 AM 08:08 AM 11:08 AM 02:08 PM 05:08 PM 08:08 PM 11:08 PM |
| Cultural Heritage: Art, Music & Dance | Aao Sair Karen – Sewagram | Hindi | 02:27 AM 05:27 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM |
| Social Science (Political Science) | S.Sc (Pol. Sc.):Chapter - 2 Federalism | English | 02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:36 PM 11:36 PM |
| सोमवार, 28 अगस्त 2023 Monday, 28 August 2023 | | | |
| हिन्दी | हिंदी :पाठ-3: लीलाधर मंडलोई | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |



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| General | Single Use Plastic | हिन्दी | 12:19 AM 03:19 AM 06:19 AM 09:19 AM 12:19 PM 03:19 PM 06:19 PM 09:19 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-2: वन एवं वन्य जीव संसाधन | Hindi | 12:21 AM 03:21 AM 06:21 AM 09:21 AM 12:21 PM 03:21 PM 06:21 PM 09:21 PM |
| General | E-Waste | English | 01:02 AM 04:02 AM 07:02 AM 10:02 AM 01:03 PM 04:03 PM 07:03 PM 10:03 PM |
| विज्ञान | विज्ञान: पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-1 | Hindi | 01:04 AM 04:04 AM 07:04 AM 10:04 AM 01:04 PM 04:04 PM 07:04 PM 10:04 PM |
| Language (English) | English: Chap 9: Bholi-1 | English | 01:36 AM 04:36 AM 07:36 AM 10:36 AM 01:36 PM 04:36 PM 07:36 PM 10:36 PM |
| Cyber Security | Id Theft for children | Hindi | 02:02 AM 05:02 AM 08:02 AM 11:02 AM 02:02 PM 05:02 PM 08:02 PM 11:02 PM |
| Mathematics | Maths: Chap 10: Circles-2 | English | 02:03 AM 05:03 AM 08:03 AM 11:03 AM 02:04 PM 05:04 PM 08:04 PM 11:04 PM |
| Cyber Security | Internet Ethics | English | 02:33 AM 05:33 AM 08:33 AM 11:33 AM 02:33 PM 05:33 PM 08:33 PM 11:33 PM |
| Social Science (Political Science) | S.Sc (Pol. Sc.):Chapter - 2 Federalism | English | 02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:36 PM 11:36 PM |
| मंगलवार, 29 अगस्त 2023 Tuesday, 29 August 2023 | | | |



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| हिन्दी | हिंदी :पाठ-3: लीलाधर मंडलोई | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Dance Competition:Dance Folk(Boy) : Tamil Nadu | Regional | 12:19 AM 03:20 AM 06:21 AM 09:21 AM 12:22 PM 03:23 PM 06:24 PM 09:24 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञान.(भूगोल): पाठ-2: वन एवं वन्य जीव संसाधन | Hindi | 12:25 AM 03:26 AM 06:27 AM 09:27 AM 12:28 PM 03:29 PM 06:30 PM 09:30 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Music – Indigenous Toys and Games(Boy) :Tamil Nadu | Regional | 01:07 AM 04:07 AM 07:08 AM 10:09 AM 01:10 PM 04:10 PM 07:11 PM 10:12 PM |
| विज्ञान | विज्ञान: पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-2 | Hindi | 01:10 AM 04:11 AM 07:12 AM 10:13 AM 01:13 PM 04:14 PM 07:15 PM 10:16 PM |
| Language (English) | English: Chap 9: Bholi-1 | English | 01:36 AM 04:36 AM 07:37 AM 10:38 AM 01:39 PM 04:40 PM 07:40 PM 10:41 PM |
| General | Growing up Healthy | English | 02:02 AM 05:03 AM 08:04 AM 11:04 AM 02:05 PM 05:06 PM 08:07 PM 11:07 PM |
| Mathematics | Maths: Chap 10: Circles-2 | English | 02:06 AM 05:07 AM 08:08 AM 11:08 AM 02:09 PM 05:10 PM 08:11 PM 11:12 PM |
| Social Science (Political Science) | S.Sc (Pol. Sc.):Chapter - 2 Federalism | English | 02:37 AM 05:37 AM 08:38 AM 11:39 AM 02:40 PM 05:40 PM 08:41 PM 11:42 PM |
| बुधवार, 30 अगस्त 2023 Wednesday, 30 August 2023 | | | |



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| हिन्दी | हिंदी :पाठ-3: लीलाधर मंडलोई | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-2 | Hindi | 12:37 AM 03:38 AM 06:39 AM 09:40 AM 12:40 PM 03:41 PM 06:42 PM 09:43 PM |
| Cultural Heritage: Art, Music & Dance | Aahat aur Anahat Naad - Dhvani - 1 | Regional | 01:03 AM 04:04 AM 07:04 AM 10:05 AM 01:06 PM 04:07 PM 07:07 PM 10:08 PM |
| गणित | पाठ-10: वृत्त -1 | Hindi | 01:10 AM 04:11 AM 07:11 AM 10:12 AM 01:13 PM 04:14 PM 07:15 PM 10:15 PM |
| Cultural Heritage: Art, Music & Dance | Bharatanatyam- Drshti & Greeva | Hindi | 01:34 AM 04:35 AM 07:36 AM 10:36 AM 01:37 PM 04:38 PM 07:39 PM 10:40 PM |
| Language (English) | English: Chap 9: Bholi-2 | English | 01:57 AM 04:57 AM 07:58 AM 10:59 AM 02:00 PM 05:01 PM 08:01 PM 11:02 PM |
| General(Science) | Colour Shadow | English | 02:22 AM 05:23 AM 08:24 AM 11:24 AM 02:25 PM 05:26 PM 08:27 PM 11:28 PM |
| Social Science (History) | S. Sc. (His): Chp 4: The Age of Industrialisation-3 | English | 02:24 AM 05:25 AM 08:26 AM 11:26 AM 02:27 PM 05:28 PM 08:29 PM 11:29 PM |
| General | Single Use Plastic | हिन्दी | 02:40 AM 05:41 AM 08:42 AM 11:42 AM 02:43 PM 05:44 PM 08:45 PM 11:46 PM |
| Science | Science: Formation of Shadow | English | 02:42 AM 05:43 AM 08:43 AM 11:44 AM 02:45 |

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| | | | PM 05:46 PM 08:46 PM 11:47 PM |
| Science | Science: Lateral inversion of an image | English | 02:49 AM 05:50 AM 08:50 AM 11:51 AM 02:52 PM 05:53 PM 08:54 PM 11:54 PM |
| Science | Science: Formation of image by Convex Lens | English | 02:51 AM 05:52 AM 08:52 AM 11:53 AM 02:54 PM 05:55 PM 08:55 PM 11:56 PM |
| बृहस्पतिवार, 31 अगस्त 2023 Thursday, 31 August 2023 | | | |
| हिन्दी | हिंदी :पाठ-3: लीलाधर मंडलोई | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:05 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-2 | Hindi | 12:22 AM 03:23 AM 06:23 AM 09:24 AM 12:25 PM 03:25 PM 06:26 PM 09:27 PM |
| Cultural Heritage: Art, Music & Dance | Bharatanatyam- Chaari | Hindi | 12:47 AM 03:48 AM 06:49 AM 09:49 AM 12:50 PM 03:51 PM 06:52 PM 09:52 PM |
| गणित | पाठ-10: वृत्त -1 | Hindi | 12:59 AM 04:00 AM 07:01 AM 10:01 AM 01:02 PM 04:03 PM 07:04 PM 10:04 PM |
| Language (English) | English: Chap 9: Bholi-2 | English | 01:28 AM 04:29 AM 07:29 AM 10:30 AM 01:31 PM 04:31 PM 07:32 PM 10:33 PM |
| General | स्वस्थ बढ़ना | Hindi | 01:53 AM 04:54 AM 07:55 AM 10:55 AM 01:56 PM 04:57 PM 07:58 PM 10:58 PM |
| Social Science (History) | S. Sc. (His): Chp 4: The Age of Industrialisation-3 | English | 01:58 AM 04:58 AM 07:59 AM 11:00 AM 02:01 PM |



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| | | | 05:01 PM 08:02 PM 11:03 PM |
| Cultural Heritage: Art, Music & Dance | Didi Nirmala | English | 02:14 AM 05:14 AM 08:15 AM 11:16 AM 02:17 PM 05:17 PM 08:18 PM 11:19 PM |
| Science | Science: Image Formation by Concave Mirror | English | 02:42 AM 05:43 AM 08:44 AM 11:45 AM 02:45 PM 05:46 PM 08:47 PM 11:47 PM |
| Science | Science: Fun with Water Lens | English | 02:49 AM 05:50 AM 08:51 AM 11:52 AM 02:52 PM 05:53 PM 08:54 PM 11:54 PM |
| Science | Science: Shifting Light Using Scale as a Prism | English | 02:52 AM 05:53 AM 08:53 AM 11:54 AM 02:55 PM 05:56 PM 08:56 PM 11:57 PM |
| Science | Science: Add Sugar, Bend Light | English | 02:54 AM 05:54 AM 08:55 AM 11:56 AM 02:56 PM 05:57 PM 08:58 PM 11:59 PM |

